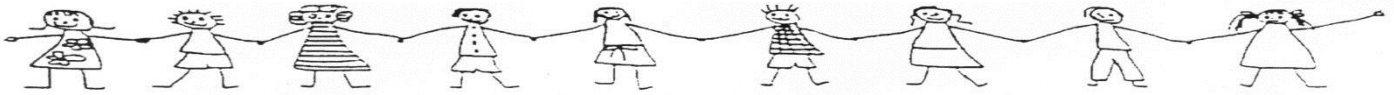
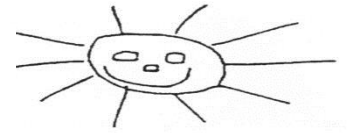


Welcome To Trentham Kindergarten



At Trentham Kindergarten, we aim to provide a play based curriculum that is stimulating, educational, age appropriate, safe and of course fun!

Starting Kinder

The focus in the first few weeks of kindergarten is for each child to settle into their educational setting and to have a positive start to their kindergarten experience. During the first few weeks of kindergarten the children will be very busy familiarizing themselves with:

- Other children and adults (ie. establishing relationships).
- The playroom and educational experiences * The playground and equipment
- New routines & New rules (rules for ensuring safety, and getting along with others)

Your Child's First Days at Kindergarten

- Please remember to sign the attendance book which is located in the foyer /locker area.
- Assist your child to put their kinder bag into their locker and lunch box onto the trolley.
- Encourage your child to self-select an activity to begin their day. Once your child has settled into play, say "good bye".
- If your child is anxious about you leaving please let an educator know. You may need to allow more time to settle them in.
- Please remember that we may need to contact you during the session. It is important that you provide up to date contact numbers and keep your mobile phones on.
- The session finishes indoors with a group time (often a story, songs). The last 5 minutes of the session will be our farewell time. We will invite parents in 5 minutes prior to finish time to ensure that all children are collected by the session's end.
- Rest Time - For some children, 5 hours will be a long amount of time at kinder. Each day at kinder our 3yo children will be offered some quiet time after lunch where they can rest. This will usually include some relaxation activities and/or lying down with a cushion to listen to stories.
- At pick-up time, please sign your departure time in the attendance book before entering.
- Once you have entered the room and staff have seen you, we will say good-bye to your child from the mat area one at a time. This allows staff to know who exactly is leaving.
- For easy collection of notices (paper copies when necessary) and artwork, each child will be given a Notice Pocket and a section in our Art Box. Parents are encouraged to regularly check these, so you can discuss and celebrate the things their child has made at kinder and to ensure you do not miss important information.
- Don't be discouraged if your child at times has nothing to bring home.... Most of the play experiences are not of the take home variety.



What to bring...

- A **bag or backpack** that is easy for your child to use and bring each day.
- **Change of clothes** Please keep a change of clothes permanently in the bottom of the kinder bag in case it is needed throughout the year.
- **Snack/Lunch.** The children will need to bring some **healthy snacks** (fruit, vegetables, yogurt, cheese), lunch (sandwiches, wraps, dry biscuits) and a drink bottle containing **water** each day. In the 5 hour sessions that your child will attend at kinder we will aim to sit down together at lunch time and throughout the morning they will be encouraged to eat a healthy snack at our snack table when they feel hungry.
- **Water** - We ask that children bring only water in their drink bottle to Kinder. Children are encouraged to drink water during the session not only when we sit down as a group to eat together. **Please ensure that this is clearly labelled with your child's name.**



Nut Free Environment - There are children who are at risk of life threatening allergies (Anaphylaxis) at our centre. Please do not send any nuts or nut products (eg. Nutella / Peanut Butter) or foods containing nuts ie muesli bars, pesto etc.in your child's snack.



Sun Protection - SunSmart Policy

We use a combination of sun protection measures for all outdoor activities from **September to the end of April**. Our centre's SunSmart policy requires children to:

- Wear suitable outdoor clothing that is cool and covers as much skin as possible (i.e. that cover the shoulders, upper arms and legs).
- Wear a broad brimmed SunSmart hat - We will provide a suitable hat for each child to wear during outside play at kinder. Please ensure that your child's kinder hat stays at kinder for daily use.
- Apply SPF 30+ broad spectrum when the UV rating is above 3 (staff will assist children).



We hope that your child has a positive and enjoyable kinder experience at Trentham Kindergarten.

Thank you for your support and cooperation